




PEER IMPACT CENTER FEBRUARY 2019

113 South Silver Springs Road #101
 Cape Girardeau, Mo 63703
 573-803-0322

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Group (11:00-12:00) Movie and Popcorn (2:00-4:00)
4 Group (11:00-12:00) Peer Support (1:00-3:00)	5 Group (11:00-12:00) Coping Skills Mindfulness (1:00-3:00)	6 Group (11:00-12:00) Rock Painting (1:00-4:00) 	6 Group (11:00-12:00) Physical Exercise (1:00-3:00)	8 Group (11:00-12:00) Movie and Popcorn (2:00-4:00)
11 Group (11:00-12:00) Peer Support (1:00-3:00)	12 Group (11:00-12:00) Coping Skills STOPP (1:00-3:00)	13 Group (11:00-12:00) Bath Bombs (1:00-4:00) 	14 Group (10:30-11:30) Potluck Lunch (11:30-12:30) Valentine Party (1:00-3:00) 	15 Group (11:00-12:00) Movie and Popcorn (2:00-4:00)
18 Group (11:00-12:00) Peer Support (1:00-3:00)	19 Group (11:00-12:00) Coping Skills Journaling (1:00-3:00)	20 Group (11:00-12:00) Paint pouring. (1:00-4:00) 	21 Group (10:30-11:30) Potluck Lunch (11:30-12:30) (1:00-3:00)	22 Group (11:00-12:00) Movie and Popcorn (2:00-4:00)
25 Group (11:00-12:00) Peer Support (1:00-3:00)	26 Group (11:00-12:00) Coping Skills Sudoku (1:00-3:00)	27 Group (11:00-12:00) Mosaic (1:00-4:00) 	28 Group (11:00-12:00) Physical Exercise (1:00-3:00)	